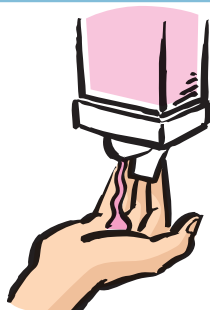


HANDWASHING GUIDE



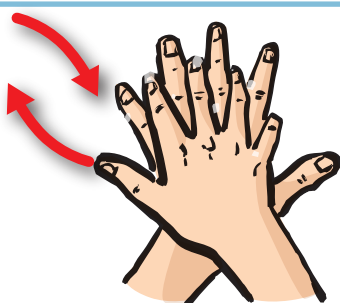
1 Wet hands under running water.



2 Apply liquid hand soap.



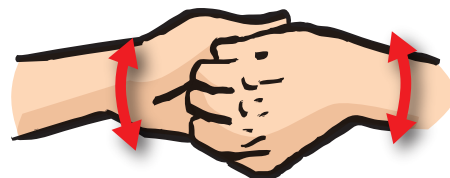
3 Rub hands palm to palm.



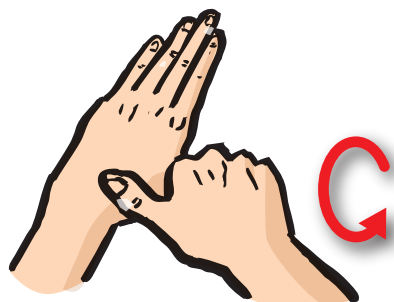
4 Rub the right palm over back of the left palm and vice versa.



5 Interlace your fingers and rub both hands palm to palm.



6 Clasp the back of fingers of the opposite hand and rub.



7 Clasp and rub the thumb of one hand and then the other in rotational motion.



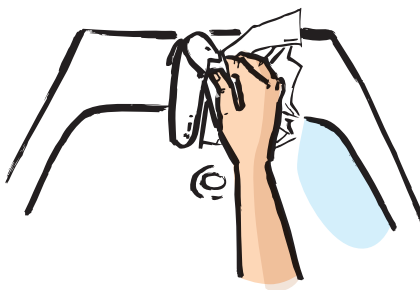
8 Clasp fingertips of the right hand and rub them on the left palm and vice versa in rotational motion.



9 Rinse hands under running water.



10 Dry hands thoroughly with a paper towel.



11 After drying hands use the same paper towel to turn off the tap.

DURATION
30 seconds



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